

I FEEL
SLOVENIA



MA
KLANJ



KRANJ - VETERANSKI IZZIV

24. FEBRUAR 2018 / 24th FEBRUARY 2018

KRANJ, SLOVENIA

We are looking forward to meeting you!



Organizator tekmovanja / Organizer of the competition:

PLAVALNI KLUB KRANJ

Trg Rivoli 3
4000 Kranj, Slovenija
T: +386 (0)40 467 853 in +386 (0)40 467 854
e-mail: pk.kranj@gmail.com
web: www.pingvincek.si



Kraj / Place of competition:

Naziv / Name: Pokriti olimpijski bazen Kranj / In-door Olympic pool Kranj,

Naslov / Address: Partizanska cesta 37, 4000 Kranj, Slovenija

Tehnični podatki / Technical data:

Olimpijski bazen, 25m, 8 prog, globina bazena 2,2m temperatura vode 26,5°C/
Swimming pool 25m, 8 lanes, depth 2.2m, temperature 26.5°C

Merjenje / Timming:

Elektronsko, OMEGA PZS Timming / "Omega Electronic" PZS Timming

Starostne kategorije / Age Group:

Kat./AG			
AG 18 1994-1998	AG 40 1973-1978	AG 60 1954-1968	AG 80 1934-1938
AG 25 1989-1993	AG 45 1969-1973	AG 65 1949-1953	AG 85 1929-1933
AG 30 1984-1988	AG 50 1964-1968	AG 70 1944-1948	AG 90+ 1924+
AG 35 1979-1983	AG 55 1959-1963	AG 75 1939-1943	

Obveznosti plavalcev:

Plavalci in plavalke tekmujejo na lastno odgovornost. / Swimmers competes at your own risk!

Nastopijo lahko tudi **invalidi**. Vsi bodo razdeljeni v skupine po prijavljenih časih. Vsak lahko nastopi le v štirih disciplinah.

Disabled people can also perform. All will be divided into groups after the reported times. Everyone can only take part in four disciplines.

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Pravila tekmovanja / Competition regulations:

Tekmovanje bo potekalo v skladu s pravili Plavalne zveze Slovenije, ki so usklajeni s pravili evropske (LEN) in svetovne plavalne zveze (FINA). / Championship will be held according to PZS, LEN and FINA regulations.

Program tekmovanja / Competition Program:

1. DEL / 1st PART
Ogrevanje / Warm up: 9.00
Tekmovanje / Competition: 10.00
*ODMOR med 1. in 2. delom: 60 min / *Break between the first and second part: 60min

* Organizator si pridržuje do spremembe urnika (v primeru večjega števila prijav).

* The organizer reserves the right to change the schedule.

	1. DEL / 1st PART		2. DEL / 2st PART
Discipl.	Stil / Stile	Discipl.	Stil / Stile
50 m	prsno / breaststroke	200 m	mešano / medley
400 m	prosto / freestyle	50 m	hrbno / backstroke
100 m	delfin / butterfly	100 m	prosto / freestyle
50 m	prosto / freestyle	100 m	prsno / breaststroke
100 m	hrbno / backstroke	50 m	delfin / butterfly

Štartnina / Entry Fee:

število nastopov / number of performances: **neomejeno / unlimited**

štartnina predprijava / starting fee early: **20€**

štartnina na dan tekmovanja / starting fee race day: **25€**

Klubi / društva morajo štartnino poravnati pred pričetkom tekmovanja ali na TRR društva (SLO klubi). Štartnina se plača za vse, ki so navedeni v štartni listi in niso objavljeni do navedenega datuma objav. / The entry fees can be paid only at the administration office before the beginning of the competition.

Nakazila na TRR na številko računa / Pay on account:

PLAVALNI KLUB KRANJ, Trg Rivoli 3, 4000 Kranj. DŠ: 23775262. Matična: 2331594000.

TRR: SI56 2900 0005 0437 917 odprt pri UniCredit Bank,

namen: Ime in priimek + VDP / Your name and last name

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Prijave / Entries:

Prijave do **srede, 21. 02. 2018** /

Entries until **Wednesday 21th February 2018** to the address or email (LENEX file).

Odjave / Cancellations:

Do **četrtka, 22. 02. 2018 do 20⁰⁰** / Until **Thursday 22th February 2018 until 8.00 p.m.**

Nagrade:

Prvi trije (absolutno) bodo nagrajeni z medaljami, po masters točkah. Najboljši trije, v moški in ženski kategoriji, v seštevku štirih disciplin (upoštevajoč Masters točke) prejmejo pokal KLANJ - VETERANSKI IZZIV 2018.

Prizes:

The first three will be rewarded with medals by masters points. Cup KLANJ MASTERS CHALLENGE 2018 will be awarded to the best three swimmers (men and woman). The winners will be chosen according to the sum of four best results by masters points.

Informacije / Information:

Meet-schedule and more details: www.pingvincek.si

All other informations, please write to pk.kranj@gmail.com



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Nočitve / Accommodations:

Nalozba v tvojo prihodnost
KONKALNO PRAVILNO INVESTICIJSKO ODLOČITEV
Dobro mesto za regeneracijo telesa

HOTEL MARINŠEK

Prenočišča
Gostišče
Pizzerija
Fitnes
Bowling

HOTEL MARINŠEK ★★★
NAKLO

N Glavna cesta 2, 4202 Naklo
T + 386 5 9234 100
F + 386 4 2577 720
E info@marinsek.net
W www.hotel-marinsek.net

Hotel Marinšek Naklo,

Hotel Marinšek se nahaja v bližini glavne Slovenske prometnice (exit 7 ali exit 8) le 5 km severozahodno od mesta Kranj in 12 km od letališča Jožeta Pučnika Ljubljana. Je odlična izhodiščna točka za obisk prestolnice ter turističnih biserov Slovenije, kot so Bled, Bohinj in Kranjska Gora. Gostom v mirnem podežljskem okolju nudimo namestitev v 61 sodobno opremljenih sobah različnega tipa. Kot dodatne storitve pa ponujamo še sprostitve v Wellnesu, vadbo v fitnessu ter razvedrilo ob igranju bowlinga in biljarda. Gostom je sta voljo dve restavraciji kjer lahko okušajo tradicionalne domače jedi, mednarodne jedi ter jedi iz krušne peči. Hotel je odlična izhodiščna točka za različne športne dejavnosti (alpinizem, alpsko smučanje, kolesarjenje, ribolov..) ter za ogled naravne in kulturne dediščine. Poleg tega je primeren tudi za poslovne goste, družine in tiste, ki si po dolgi vožnji privoščijo kratek enodnevni počitek.

SOBE

V hotelu Marinšek je na razpolago 61 sob različnih tipov, ki zagotavljajo vse potrebno udobje za brezskrbno in mirno bivanje. Našim gostom ponujamo enoposteljne, dvoposteljne, triposteljne in štiriposteljne sobe ter dva udobna hotelska apartmaja. Vse sobe so klimatizirane in imajo:

- kopalnico s tuš kabino
- kabelsko TV z LCD ekranom
- direktno telefonsko linijo
- mini bar
- brezžični dostop do interneta
- večina sob ima tudi svoj balkon

Polni penzion na osebo v Hotelu Marinšek, Naklo:

- Enoposteljna soba /oseba: 44,80 €/dan
- Dvoposteljna soba /oseba: 36,75 €/dan
- 1,15 € (turistična taksa)

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English

The Hotel Marinšek Naklo is located near the main Slovenian traffic road (Exit 7 or Exit 8), only 5 kilometres north-west of the picturesque city of Kranj and 12 kilometres from the Jože Pučnik Ljubljana Airport. Our hotel is known as an excellent starting point for visits of the capital city and other tourist pearls of Slovenia, such as Bled, Bohinj and Kranjska Gora.

Our guests may choose between 61 modern furnished rooms of different type that are located in a quiet rural area. The Hotel Marinšek offers its guests various extra services, such as: relaxation in wellness oasis, workout in fitness or an entertaining game of bowling and billiards. Guests can also dine in our restaurant, where they will have a chance to taste the traditional home and international dishes and dishes from the wood-fired oven.

The Hotel Marinšek is an excellent starting point for the various sports activities (mountain climbing, alpine skiing, cycling ...) and sightseeing of natural and cultural heritage. Furthermore, it is also suitable for business travellers, families and those who wish to take a short one-day break after a longer period of driving.

ROOMS

Hotel Marinšek offers 61 rooms of different types, which provide everything you need to feel comfortable and enjoy a peaceful and carefree stay. We offer single and double rooms, as well as rooms with three or four beds and two very comfortable hotel suites. All rooms are air-conditioned and have:

- Bathrooms with showers
- Cable TV with an LCD screen
- Direct landline
- Mini bar
- Wireless internet access
- Most rooms have their own balcony

**The prices for fullboard
Accommodation at Hotel Marinšek,
Naklo:**

- Room, one bed: 44,80 € / day
- Room, two bed: 36,75 € / day
- 1.15 (tur. Tax and insurance.)

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